

NEWSLETTER

SPRING 2019

APRIL IS CHILD ABUSE PREVENTION MONTH



CURRENT NEEDS

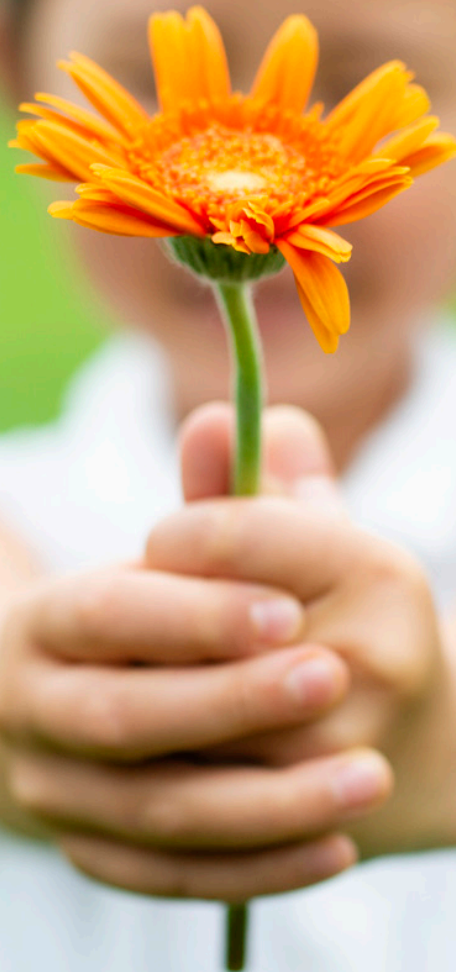
Newborn and
Toddler Items

MEET MELISSA

Turning Hurt into Hope

EVENTS

21st Annual Gala
Ragnar Relay SoCal
Golf Tournament





Lisa's Corner

Springtime, a beautiful season of renewal, growth and fresh starts. I love this season as we have experienced more rain than usual this winter, so the hills are so green, and the wild flowers cover the hillsides, which are stunning. This season speaks of hope and restoration especially for those who are sad, lonely and hurt due to traumatic experiences, mental health issues or challenging life situations.

Here at the Prevention Center, the staff is working feverishly to offer the hope and the encouragement that life can be better with counseling, case management and program support so the rays of sunshine can radiate through despair.

This season brings color into our lives, and The Center offers a handrail of hope to walk through life's difficult journeys. With supportive staff, resources and counseling, children are no longer scared, moms feel joy again and the disillusioned have a strategy to follow and an advocate to be there for them. This season of life exudes renewal and hope. I am grateful to those who support the Prevention Center and the critical hope we provide every day to the most vulnerable children, parents and individuals who struggle and need supportive services and guidance.

Child Abuse Prevention Center is the promise of change, hope and restoration.

Thank you for your partnership, for helping us change lives and break the generational cycle of abuse.

Lisa Fujimoto

*"Promise me you'll always remember—
you're braver than you believe, stronger
than you seem, and smarter than you think."*

- Christopher Robin to Pooh

Newborn & Toddler Needs



Car Seats (new only)



Baby Hygiene Bags (shampoo, bath soap, powder, lotion)



Diapers All Sizes (newborn – size 6)



High Chairs



Strollers (single, double and triple)



Formula (new only, not expired)



Crib Sheets and Baby Blankets

Other Items



All Household Cleaning Supplies



Hygiene Items



Nonperishable Food

If you would like to bring in your donations, or need more information about the items, please call (714) 373-1600 or e-mail: BasicNeeds@BrightFutures4Kids.org

Deliver items Monday – Friday, 9 AM – 5 PM
to: 7281 Garden Grove Boulevard, Unit D,
Garden Grove, California 92841



Meet Melissa,

A THIRTY-YEAR-OLD MOTHER AND HER FOUR-YEAR-OLD DAUGHTER, CYNTHIA.

Melissa had been married for 7 years when she reported her husband was verbally and physically abusive towards her. Unfortunately, Cynthia was the object of his anger too, and a witness to domestic violence. Cynthia was yelled at and physically punished for common child behaviors. When Cynthia's dad left their home, mom and daughter found themselves in a very difficult financial situation; they lost their apartment and were forced to lean on family and friends for help.

Melissa came to CAPC for support. Our case manager assessed the family situation and found that she suffered from depression and low self-esteem, while Cynthia showed symptoms of separation anxiety. She would not let go of her mom's hand and would constantly cry and retreat quietly. Our caseworker designed a plan of action for the family and visited them twice a week.

After a couple of months, with care and counseling, Melissa started to get her confidence back, and soon found a job which later led her to finding their new home.

She shared, "... no more sleeping in half of a living room. I'm grateful for the help I had and I'm so excited we have our new home now." Melissa was very receptive to learning new coping skills, which she gained from the professional referrals CAPC provided. Our Basic Needs program

immediately helped them with food, a bunk bed for Cynthia, a refrigerator and basic home items. Little Cynthia is connected to Head Start for daycare support while mom works, and she is making new friends.

Thanks to you, this family is moving forward, filled with hope. Cynthia even signed up to join a ballerina studio for dance classes and was so happy to see her own tutu and ballet slippers!

Melissa overcame incredible pain and struggles. Today, she wants to fulfill her eager heart and learn more so that she can continue to provide for her daughter.

You have turned hurt into HOPE! Your support has made this family, and many others prevail under tenuous circumstances, and you are encouraging them to move forward. Thank you!

21st ANNUAL GALA

Events



Ragnar Relay SoCal 2019

Thank you, "Ragnar" runners! Our awesome athletes participated in the Ragnar Relay SoCal 2019, a race that started in Huntington Beach and ended in San Diego. All runners fundraised with family and friends - what an incredible way to show their support! Several of our own board members ran, showing their enthusiasm and commitment to ending the cycle of generational abuse.

*Child Abuse Prevention Center
Presents*



Stay tuned for our next event: Golf Tournament



Volunteer

If you would like to volunteer, please connect with us at volunteer@brightfutures4kids.org

We are deeply grateful to all our sponsors who supported our 21st Annual Gala on Saturday, March 9th, 2019. Your generous support raised over \$170,000 net in donations through sponsorships, auction donations and cash contributions. Your generosity enabled the Child Abuse Prevention Center to host a sold-out Gala held at the Balboa Bay Resort.

Orange County Child Abuse Prevention Center is the largest nonprofit organization in Orange County focused on the prevention of child and adult abuse. Serving the community for 35 years.

For more information, please visit: brightfutures4kids.org

